

Post-Doctoral Internship Girls Inc. of Alameda County/Pathways Counseling Center

INTERNSHIP DESCRIPTION

CLINICAL EXPERIENCE:

- Outpatient therapy. Our clinicians are currently providing tele-mental health. During non-pandemic times, clinicians work with clients in our out-patient clinics in San Leandro and downtown Oakland.
- Diverse multicultural and diagnostic client population. We serve youth 5-22 years old and their families.
- Individual, dyadic, and family therapy, as well as parenting support. Interns also facilitate a few parent workshops during their internship year.
- Emphasis on assessment process to determine best structure and course of treatment
- Multidisciplinary team collaboration
- Placement duration: Our internship is for 12 months (usually beginning in early August but we accept applications until all positions are filled).
- Theoretical orientations trained to and utilized are: Trauma-Focused CBT, Contemporary Psychodynamic, Relational, and Motivational Interviewing

STIPEND: \$30,000 for the 12-month position

SUPERVISION AND TRAINING

Our highly skilled supervisors have many years of clinical/supervisory experience and keep abreast of current best practices. Interns receive 2 hours of individual supervision per week and 2 hours of group supervision. In addition, at least 2 hours of in-depth didactic training is provided each week. Trainings on a variety of relevant clinical topics are provided by both in-house instructors and instructors from well-established community mental health training organizations.

Training topics: Interns receive training on a wide range of topics including: Attachment, trauma, cultural responsiveness in therapy and in clinical supervision, clinical strategies for tele-mental health, legal and ethical issues for mental health clinicians, multidisciplinary team approaches, suicidality and crisis management, play therapy, family engagement, and strengthening parent-child relationships. Upon request we can email a copy of the current training schedule listing all trainings for the year. As an Alameda County Child Medi-Cal provider, Pathways Counseling Center (PCC) also provides comprehensive training in Medi-Cal documentation and quality assurance standards.

CLIENT POPULATION: Children, youth, parents, and families are referred by community agencies, schools, physicians, managed health care organizations and other therapists. Although the majority of our clients live in Alameda County, we have no specific restrictions or eligibility criteria regarding residence.

Hours: 40 hours/week. To accommodate child and family needs, interns should expect to work 2-3 evenings a week.

Full-time Interns: Our preference is for full-time interns as we find a full-time position allows for immersion in training, supervision, and service delivery. Full-time interns work a total of 40 hours per week.

Part-time Interns: We consider part-time applicants based on our clients' linguistic and clinical needs. For part-time positions we require at least 24 hours a week.

INTERNSHIP QUALIFICATIONS

Post-doctoral interns must have a doctorate in psychology and have completed 1500 clinical hours. Other requirements include: 1) Successfully complete a background check (Department of Justice fingerprinting required); 2) Pass TB medical clearance; and 3) Have a minimum of 2-3 years of previous clinical experience. (Recommendation letters need to be related to the clinical work and one letter must be from a prior clinical placement).

Applicants should be interested in working in a community setting, coordinating with other agencies and providers, and have experience in documenting and maintaining thorough clinical records. Clinical experience with child abuse and neglect cases, parent-child conflict, depression, suicidality, anxiety, peer and relationship problems, and crisis intervention is desired. Interns should expect to have some cases which are brief in nature and others which are intermediate-term or longer-term. Modality, length, and frequency of therapy are considered to be assessment/treatment considerations.

PATHWAYS COUNSELING CENTER

Pathways Counseling Center delivers mental health services to children, adolescents and families with a wide variety of presenting problems. Pathways' orientation is a Community Mental Health service approach. We utilize evidence-based practices including Trauma-Focused CBT, Psychodynamic Psychotherapy, and Motivational Interviewing.

Service sites are: 1) Pathways Counseling Centers' out-patient clinics in San Leandro and downtown Oakland (when we are not working remotely due to a pandemic) and 2) Remote services via telephone and video-conference (during the pandemic).

Pathways Counseling Center has been providing practicum and intern training for over 25 years. We are currently a post-doctoral CAPIC member agency and follow all Board of Psychology rules and regulations. Professional development is valued and supported at Pathways Counseling Center. Professional staff clinicians (MFTs and Psychologists) are actively involved in their own continuing education and professional development. Members of the clinical staff participate in multiple clinical training communities so interns are exposed to a wide clinical spectrum. Staff case conferences and training seminars within the agency provide opportunities for continual professional growth and learning. PCC staff are also active leaders in several community mental health collaborations.

HOW TO APPLY

Submit CV/resume, cover letter, and 2 recommendation letters to:

Selene Fabiano, Ph.D., Clinical Quality Manager at sfabiano@girlsinc-alameda.org